

# The TimberFish Sustainability Proposal

#### Summary

This proposal describes an ecological, economic, and educational sustainability program using the TimberFish Technology. It is multidisciplinary, hands on, and integrally related to the real world. The program offers many benefits for students by demonstrating the meaning of sustainability in local and entrepreneurial applications. It also will integrate the knowledge they obtain in the academic areas of the natural sciences (biology chemistry, physics), applied technology (engineering, computer science, fabrication, construction), business (economics, entrepreneurial start ups, marketing), mathematics, sociology, philosophy, and art.

The program offers significant advantages to the university. By offering an environmental sustainability program that is unique, practical, and scalable to global application it will attract students who are very concerned about the looming issue of Climate Change, and who don't know what they can do about it. The public relations that can be obtained from this will also be attractive to donors to the university, and for potential corporate sponsors who are looking for ways to improve their environmental image.

The program is centered on student participation in the building and operation of TimberFish systems that can recycle food wastes from university dining halls to produce seafood that could be used for future consumption in those dining halls.

The process comprises mixing non toxic food wastes, with wood chips that can be sustainably harvested from nearby woodlots or forests. This combination is used as a substrate to grow microbes, which are fed to invertebrates, which are then fed to fish and shrimp. The resulting seafood is clean and locally produced. The only other outputs are high quality effluents, a high energy residual wood chip, and potting soil. The process is nonA1 proposal

polluting, ecologically sustainable, and economically competitive in todays' market.

The proposed program would begin with TimberFish delivering a mobile demonstration system to the university for an evaluation of potential full scale application at the university. The Demo is a trailer mounted unit with its own set of electronic controls and can be maintained and operated by students, faculty or staff. It also could be remotely operated and/or monitored by TimberFish personnel. It can be located anywhere that electrical power is available, or it can run with its own generator. Connections to water and sewers are preferred but are not absolutely necessary as the system can operate as a zero discharge or land application system for a short demonstration period. Appropriate permits for the demo will be obtained from NYS DEC for any form of the demonstration.

Once the university is satisfied with the Demo it could be scaled up to handle all of the university's food wastes. TimberFish has operated a commercial pilot system at the Five & 20 Spirits & Brewing facility in Westfield, New York that would illustrate what this scale up might look like. This facility received all of the byproducts and production waste streams (no sanitary wastes) from the distillery and its companion brewery. The system grew fish and freshwater shrimp, recycled and treated all solid and dissolved wastes, produced a high energy wood chip residual which could be a renewable biofuel, and discharged a high quality effluent under strict permits issued by the New York State Department of Environmental Conservation.

This program has an additional benefit in that it provides a template for the revival and continuation of the "Global Village" concept that Marshall McLuhan introduced in the 1960s. This could now include a series of local sustainable green circular economies which would integrate sociological, economic, and environmental factors into a sustainable future for humanity. It presents a potential path to resolve the issues of global Climate Change and environmental pollution.

#### Introduction

TimberFish creates a new food chain that is not dependent on existing agricultural or marine resources. Clean waste streams from restaurants and the food and beverage industries can be combined with a wide variety of non agricultural plant materials such as wood chips that can be sustainably harvested from diversified ecosystems such as forests. This combination is used to grow microbes, which are fed to invertebrates, which are fed to fish and shrimp. The resulting seafood is contaminant free and locally produced. The only other outputs are clean water, a high energy clean residual wood chip, and potting soil. The process is non-polluting, ecologically sustainable, and economically competitive in todays' market.

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Modern agriculture is based on the monoculture production of fruits, grains, and vegetables. It is dependent on cultivation, commercial fertilizers, and pesticides, and as such contributes significantly to nutrient and chemical pollution of the environment and the destabilization of the global ecosystem. TimberFish avoids these problems by creating a new food chain based on recycling food and food processing wastes and the selective sustainable harvesting of natural ecosystems such as forests and woodlots which are located on non agricultural land. The technology preserves the biodiversity, aesthetics, and biodynamical stability of these ecosystems without the use of cultivation or pesticides. It provides a renewable energy source, promotes reforestation and deforestation avoidance, and does not pollute ground and surface waters.

Additional information about TimberFish can be found on our website, <u>www.timberfishtech.com</u> And in the following video, <u>https://vimeo.com/254851511</u>

#### The Process

The TimberFish Technology (TFT) combines elements from Recirculating Aquaculture Systems, Integrated Multi-Trophic Aquaculture, and Biological Municipal Wastewater Treatment. The resulting technology was implemented in a complex and diversified ecosystem production facility that raised fish and other seafood utilizing plant material harvested from nonagricultural land and production residuals from the food and beverage industries as sole material inputs.

The TFT mimics the natural food-chain of fish and macro-invertebrates. It combines water purification and underutilized biomass to produce salable seafood, clean water, soil amendments, and biofuels. The process is local, sustainable, environmentally friendly, removes solid and soluble pollutants from water; creates contaminant-free seafood; is not dependent on chemical use; and generates a high energy residual wood chip that can be used for heating, generation of electricity, or the production of biofuels. TFT is economically attractive, providing a commercial driver for the global proliferation of environmental best practices including reforestation and deforestation avoidance.

The process comprises a series of interconnected internal recycle flows and sub environments that contain a large variety of organisms ranging from microbes, to invertebrates, and fish. It works by combining plant material with nutrients contained in by-product waste streams. The microbes are grown in this mixture and then become food for the invertebrates that are also resident within the system. The structure of the system is such that it is easy to provide these invertebrates to the product fish or other seafood that also reside within the system for their consumption.

The TFT system is designed to contain an extremely large variety of microorganisms and many different species of invertebrates. All of these can reside in various physical sub environments ranging from suspended floc structures and single cell aggregates to fixed film layers that will reside on the matrices comprising wood chips, grain hulls, and other grain and fruit non fermented residues.

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A general schematic of the process is as follows.



# A TimberFish System

### The Demonstration System

TimberFish has a small demonstration system (the Demo) that can illustrate this technology and which can be temporarily installed and operated for evaluation by an interested party (the Host). The Demo is trailer mounted with its own set of electronic controls and can be operated remotely by TimberFish personnel. It also can be detached from the trailer and can be located anywhere that electrical power is available, or it can run with its own generator. Connections to water and sewers are preferred but are not absolutely necessary as the system can operate as a zero discharge system for a brief demonstration period.

This system requires no inputs other than a clean non toxic food waste stream and wood chips sustainable harvested from nearby forests and woodlots. It discharges a tertiary treatment quality effluent that can be land applied or discharged to a sewer or receiving water under strict permit regulations. Partially degraded wood chips constitute a high energy residual that can be used to generate heat, electricity, or biofuels. The only other output product of the process is a potting soil type material.

Because this is a modular technology it can be implemented gradually and carefully studied and researched prior to any potential full implementation. Since this is a portable system that is trailer mounted it can be easily removed if desired. It contains all required process control and monitoring equipment and can be remotely monitored.

The system itself is housed in a series of tanks, each being about 6 feet wide and 3 feet tall. It comprises several microbial growth bioreactors, a worm farm, a fish raising system, and an effluent treatment system that is derived from current activated sludge advanced wastewater treatment technology. The system contains a number of pumps, an aeration system, wood chip baskets, and a variety of piping and electrical components.

The system functions via a series of continually or periodically operating recycle flows. It can accept a periodic input of food wastes from a Host and discharges a tertiary treatment quality effluent. The system can operate with a long hydraulic detention time of 100 days or more. While having a location on a small farm associated with the Host or a sewer connection is preferable the Demo can use periodic land application or truck its final

effluent wastewater to a nearby municipal wastewater treatment plant. All of these options will be dependent on local and state regulations and permitting requirements. However, the extremely high quality of the effluent should make this a very manageable issue.

The following drawing presents a diagram of this demonstration system.



The system functions as follows:

Bioreactor #1 Comprises five zones in the right hand side of a 1,000 gallon tank. This Bioreactor can receive small quantities of food wastes on a daily basis from the Host. The bioreactor contains two netted chip basket zones and three water zones. A recycle pump maintains a continuous recycle flow and the bioreactor is vigorously aerated so that oxygen is continuously available to a large and diversified microbial population that is resident in the water and attached to the surfaces of the food wastes and wood chips. This promotes rapid microbial growth and consumption of the food wastes.

As the microbial population increases a small fraction of the microbe rich water is periodically pumped into a Worm Farm. This Worm Farm comprises two or more shallow trays that contain a layer of wood chips. When the microbe rich effluent from Bioreactor #1 is pumped into the Worm Farm it flows through the trays and gradually seeps out of the Worm Farm. This action filters the stream thereby removing the suspended microbes which then become attached to the wood chips or settle around them making a soil like mixture. Worms living in the farm then eat the microbes and excrete worm castings which add to the soil like quality of the Worm Farm.

The effluent from the Worm Farm flows into the Bioreactor #2 (on the left hand side of the bioreactor tank). There additional aeration supports the growth of more microbes that degrade any non digested substrates from the worm farm. This biomass is then transferred to a clarifier in which floating or settling microbial solids are recycled back to Bioreactor #1. The clean water effluent from the clarifier is either discharged from the system as a final effluent or sent to the Fish Tank.

The Fish Tank is where the fish are grown. It is an aerated circular tank which has a basket containing wood chips perched directly above, but not touching, the water surface. A pump continuously pumps water to the top of the chip basket and this water then seeps down through the wood chips. Microbes living on the surfaces of the irrigated wood chips remove any soluble nutrients such as ammonia and phosphate from the fish wastes in the water.

A side stream from this pump is also directed into the tank itself in such a manner that it establishes a circular flow of water around the tank. This circular flow causes the solid fish wastes to be concentrated in the center of the fish tank. There a second pump periodically pumps these solids back into Bioreactor #1.

Periodically some worms are removed from the Worm Farm, separated from the chips and worm castings, and then fed to the fish. Once the concentration of worm castings in an area of the Worm Farm becomes too high the solids are removed from that area of the farm. The worms are harvested and the residual material separated into castings and wood chips. The castings can become a valuable potting soil and the chips can either be returned to the worm farm, returned to other chip zones in the system, or washed and used as a fuel source. Spent wood chips from the other baskets will also be similarly treated once 50 percent of their dry weight has been degraded by the microbes. Depending on the rates of microbe, worm, and fish production a low protein fish pellet may be used as needed to supplement the fish feed to maintain good fish growth. Such a pellet will not contain any fish meal or fish oil and hence will avoid any potential contamination from those sources. This would not impact the ability of the system to receive and process food wastes.

A full application of this system would only use microbial populations and worms and other invertebrates that are currently living in the local ecosystem. Fish would need to be obtained from a local or regional permitted fish hatchery and we will only grow fish that are native to, or well established in, the local area.

The entire demonstration unit is skid mounted on a 34 foot long goose necked trailer with a 28 foot bed. Here is a photo of the demo system.



The system includes blowers, pumps, sensors, level controls, an electrical panel, process control instrumentation, phase converter if necessary, and internet connectivity. The trailer deck is 30 inches above ground level. It has sides that fold up for transporting and which can be lowered to provide decking around the system so that people can walk around and easily see all the components and moving parts. There are detachable railings to maintain safety on the deck. The system runs on three phase power so that we can operate variable speed pumps and blowers to provide adequate aeration, etc. It includes a phase converter to change a 220 v, 50 amp feed line to the appropriate three phase system. We can also run this system with a portable generator if necessary.

The system, with or without the trailer, could be located inside or outside depending on what was available. If a potential Host wanted to keep the system it would probably be best if it were located inside. Alternatively, a small green house structure could be built to house the system. The system could take up to 20 to 30 gallons per day of brewery and/or restaurant waste and would then discharge 20 to 30 gallons of clean water back to the sewer, farm, or a holding tank for eventual land application or trucking to the wastewater treatment plant. The input loading would be dependent on the nitrogen and phosphorus content of the food waste.

The demo could produce 100 pounds of fish per year, more if additional tanks were added. This would depend on the strength and nutrient concentrations of the food wastes. For steady state operation the choice of fish species would depend on whether or not to heat or cool the fish tank. Catfish can tolerate both cold and warm water but grow best at about 76 F. Trout would do fine at 55 to 60 F but would die off above 70 F. If shrimp would be desirable then water temperatures need to be around 78 F. They don't do well under 70 and die by the time you get close to 60.